

# Deepening Connections Sampler 2022

First Parish is a chalice full of hope-restoring, community-creating, difference-making opportunities. Join us in exploring ways to deepen your understanding, have fun, and make FPUU your true spiritual home.

Check out <a href="#">Social Justice Action Notes</a> and receive the “Two for Tuesday” email summary of a few priority actions	Center yourself with meditation on Zoom: <a href="#">Sundays at 9:30 a.m.</a> or Mondays at 6 p.m. (click <a href="#">HERE</a> for more information)	Choose up to 100% renewable electricity. <a href="#">Click on your town</a> to learn more.	Learn more about <a href="#">Covenant Groups</a> . Get to know others at a deeper level while discussing topics that explore our spiritual paths and life experience	Volunteer to <a href="#">usher</a> one Sunday, providing a warm welcome and helping the service flow.
<b>Men</b> can join <a href="#">First Parish’s Men’s Group</a> , meeting online every other Sunday at 7 p.m. <b>Women:</b> Check out the <a href="#">Women’s Alliance</a> programs to support women in our congregation	Read about pronoun usage <a href="#">HERE</a> , then add your own pronouns to your email signature, Zoom name, social media bios, etc. Learn why <a href="#">HERE</a>	<a href="#">Lectio Divina</a> is a spiritual practice of reading, listening, and sharing personal responses to sacred texts. Tues 7–8 a.m., Wed 9–10 a.m., or Thurs 8–9 a.m.	Introduce yourself to someone new at an in-person Sunday service or First Parish event. Stay on Zoom after services to join a “coffee hour” conversation	Have a good browse at <a href="#">InSpirit</a> , the UUA bookstore. Hear about new titles and author events through <a href="#">their newsletter</a> . Check out <a href="#">Justice and Spirit</a> , the UU Book Club on GoodReads
Check out the online <a href="#">FPConnection Board</a> – an opportunity to meet new friends with similar interests and to give and receive help	Tap your inner creativity by making your own chalice. Find some great ideas <a href="#">HERE</a>	<p><a href="#">Attend the New UU class</a> Learn more about life at First Parish and what we believe</p>  <p><b>March 5 and 12, 2022</b> <b>9 a.m. to 12 noon</b></p>	Enjoy a <a href="#">STAR program</a> , FP’s adult education series. STAR offers a variety of programs to illuminate our world and help us navigate our lives	Like to sing with a purpose? Consider <a href="#">Grace Notes</a> , a visiting musical ensemble combining choral selections with songs that invite singing along. Rehearsals are fourth Wednesdays, 7:30 p.m.
Read a good book recently? Write a brief review and offer to swap with a fellow parishioner on the <a href="#">FPConnection Board</a>	Add your voice to the <a href="#">Unitarian Universalist Urban Ministry</a> . Support a Roxbury-based artist of color – download the <a href="#">Artist Directory</a> to peruse and purchase some incredible local art	Apply to be added to FP’s directory, <a href="#">Realm</a> . Send a card or email to someone in your Sunday break-out group who is having a hard time. Care and be cared about!	A quick and fun way to learn more about our congregation: Watch the <a href="#">First Parish video</a> on our website	Life is full of hard edges and complicated choices. <a href="#">Braver/Wiser</a> is a weekly message of courage and compassion, grounded in Unitarian Universalism
Be a <a href="#">Property Worker Bee</a> – help our Property Committee with one-time special projects, such as gardening, fixing sanctuary chairs, or lending a hand on shared work days	Find some quiet time in your day with these FP <a href="#">Prayer Selections</a> . Use the <a href="#">UUA search engine</a> of meditations and prayers on specific topics, or explore the <a href="#">“WorshipWeb” app</a>	Read, discuss, and learn at the monthly <a href="#">Women’s Book Group</a> (first Thursdays, 7 p.m., <a href="#">email</a> for Zoom link) or <a href="#">Diversity Book Club</a> (third Mondays, 7 p.m., <a href="#">email</a> for Zoom link)	Learn how to stand up for Asylum Seekers at <a href="#">ArCS Cluster</a> , which currently supports 18 people through its outreach programs	Want to learn more about First Parish and don’t know where to start? <a href="#">Fill out a connection form</a> or reach out to the <a href="#">Membership Committee</a> . We look forward to getting to know you!

To download a PDF, go to <http://firstparish.info/newcomers>

Click on the [blue text](#) in each box for more information.

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Name: \_\_\_\_\_ Email or phone #: \_\_\_\_\_

The deadline for submitting your entry is either **March 27 (in person)** or **April 1 (online)**. You have several options for entering:

- ★ Check off which activity or activities you tried and drop off your Sampler by March 27 at the Welcome Table on Sunday morning or give it to a Membership Committee member (be sure to include your name and contact info)
- ★ Submit your entry online by April 1 via the [Google Form](#) and tell us which activities you tried
- ★ Email a photo of the Sampler (checking off the activities you tried) to [memcom@firstparish.info](mailto:memcom@firstparish.info) by April 1

We will draw winners after the New Member Ceremony, scheduled for April 3, 2022.

There are three grand prizes: \$10, \$15 or \$20 in “Fair Bucks” that you can spend at our next Fair!

Note: The activities are loosely grouped in five themes:

- ★ Meet someone new (light magenta)
- ★ Learn more about First Parish (light green)
- ★ Make a difference (light orange)
- ★ Build community (light blue)
- ★ Deepen your faith (light yellow)

We hope you enjoy this opportunity to feel more connected to the life of First Parish. If you have additional suggestions, please [let us know!](#)

—The Membership Committee: Jennifer Davis-Kay and Susan Moore, co-chairs;  
Mary Cummings, Maryellen Kirkbride, Rachel Lewellyn, Dianne Schaefer, and Bonnie Zimmer