



Sunday Worship

First Parish

A liberal religious community, welcoming to all

First gathered 1739

**March 9, 2025**

**Worship in the Meetinghouse Sanctuary and Online**

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The sun rose at 7:07am and will set at 6:43pm *in sh'allah*  
bringing us 11 hours, 36 minutes of sunlight,  
20 minutes more than last Sunday.

The moon waxing to its fullness on Friday.

Today marks the beginning of Daylight Savings Time and  
we have set our clocks forward one hour.

### **Sounding of the Chime**

*In the sanctuary silence during the prelude is appreciated.*

*Please also silence your cell phones and electronic devices.*

### **Prelude**

*Promissory Notes*

Kenneth Seitz

Kenneth Seitz, piano

**Welcome and Announcements**      Rev. Stevie Carmody  
Minister of Religious Education

**Greeting Your Neighbor**

**Call to Worship and Chalice Lighting**      Lillian Povey  
Worship Associate

**Congregational Affirmation**  
First Parish Mission Statement, adopted 2010

We choose to be  
    a liberal religious community, welcoming to all.  
We encourage each other on our spiritual journeys,  
    support one another through the changes in our lives,  
    and challenge the excesses and injustices of our time.  
Called to love and upheld by joy, we live our faith.

Adopted by the members of First Parish Arlington MA  
March 28, 2010

**Hymn 358**

*Rank by Rank Again We Stand*

**Time for All Ages** Rev. Tricia Brennan, Adjunct Minister  
& Sanjay Newton, First Parish member

“The Tuleikis Family Traditional Raisin Spice Cake”  
by Dennis Nee

*As children leave for religious education we sing:*

Go now in peace, go now in peace.  
May the spirit of love surround you  
everywhere, everywhere you may go.

Vayan en paz, vayan en paz  
Pueda el amor rodear los siempre  
por doquier, por doquier que vayan.

Go Now in Peace -- Vayan en paz

Trans. Rev. Lilia Cuervo

Natalie Sleeth



Go now in peace, Gonow in peace. May\_ the\_ spi - rit of  
Va - yan en paz, va-yan en paz, Pue - da el a - mor\_ ro-de -



love sur - round you ev-'ry where, ev-'ry-where, you may go.  
ar\_ los si - em - pre por do-quier, por do-quier, que va - yan.

**Stewardship Testimonial**

Joel Carlton-Gysan  
Stewardship Committee Co-chair

**Stewardship Ribbons**

*Meditation*  
Arthur Foote  
Kenneth Seitz, piano

# Celebrations and Concerns

Greg Ruccio  
Lay Minister

If moved to do so, you may place a stone  
for a joy or sorrow you are holding in your heart.  
If you write a joy or sorrow on the card available  
at the back of the sanctuary,  
the ordained and lay ministers will hold it  
in their thoughts and prayers.  
If you wish to speak of your joy or sorrow,  
please line up after placing your stone.  
When you are motioned forward,  
speak into the microphone and tell us your name.  
Speak briefly and from your own experience.

## Interlude for the Placing of Stones

*Candle Music*  
Kenneth Seitz, piano

## Prayer and Silent Meditation

Rev. Marta Morris Flanagan  
Lead Minister

## Musical Response

*Amen, Blessed Be*  
Kenneth Seitz, piano

Words: *Amen, Blessed Be. Shalom, Salaam.*  
Sung twice by the congregation

Amen, Blessed Be, Shalom, Salaam

Kenneth H. Seitz

The image shows two staves of musical notation in 3/4 time, with a key signature of three flats (B-flat, E-flat, A-flat). The first staff begins with a treble clef and a common time signature. The melody consists of quarter and eighth notes. The lyrics 'A-men, Bles-sed Be, Sha -lom, Sa - laam..' are written below the notes. The second staff continues the melody and ends with a double bar line. The lyrics 'A -men, Bles-sed Be, Sha -lom, Sa - laam.' are written below the notes.

## Offering

*Sanctus*  
Franz Joseph Haydn  
First Parish Choir

*This Sunday half of the offering supports  
Resilient Sisterhood Project.*

*The Cambridge-based RSP educates and empowers  
women of African descent regarding common, yet  
rarely discussed, diseases of the reproductive system  
that disproportionately affect them.*

*RSP's understanding of the word "women" includes  
transgender women, cisgender women,  
gender queer, and gender non-conforming people  
who have a female reproductive system.*

*To donate using your smartphone, you may text  
"fpuu offering" to 73256. Then follow the directions in  
the texts you receive. If you would like your entire  
offering to support your pledge, indicate "pledge" on  
your check or envelope.*

## Song 18

*We Are...*

## Sermon

Rev. Stevie Carmody

## Hymn 354

*We Laugh, We Cry*

## Benediction

***May faith in the Spirit of Life,  
Hope for the community of Earth,  
and Love of the sacred in one another  
Be ours now and in all the days to come.***

*Saying these words responsively is a custom at  
First Parish. You are invited to take the hand of  
one beside you or place your hand on their shoulder.*

## Postlude

Amen Amen  
Kenneth Seitz  
Kenneth Seitz, piano

*Our postlude is the concluding passage of our  
common worship.*

*All are asked to remain seated during the postlude.*

*After worship those in the sanctuary are invited to move  
into the vestry for light refreshments and conversation.*

*If it is 11:30 parents are asked to quietly leave to pick up  
their children from the religious education program.*

### **“Wall Drawing 797” – Sol Lewitt**

In an exploration of today’s theme of “Tradition,”  
you’re invite to use the next page to draw, following the  
(adapted) instructions of conceptual artist, Sol Lewitt:

*Draw an irregular horizontal line near the top of  
this page.*



*Next, try to copy that line just below the first line  
(without touching it).*



*Third, try to copy the second line right below that,  
again without touching it.*

*Continue likewise until the last line drawn reaches  
the bottom of the page.*



## Honor Roll of those Supporting First Parish

First Parish is in the midst of our annual pledge drive. A pledge is an amount each household commits to contribute to First Parish over the coming fiscal year. We express gratitude and appreciation to those who have pledged their financial support to First Parish as of Friday morning.

Ann Abbott	& Leon Dixon
John & Amy Anderson	Jessica Farman
	& Brian Dooley
Tali Avery & Mike Bright	Marilyn Downs
Pamela Baldwin	Julia Dudley-Kramer
Emily & Matt Balkam	Charlie Duffy
Jim Benn & Jane Becker	Julie Dunn
Steve & Melissa Berczuk	
Liz Bradley	Richard Eastwick
Mary Breen	Lou Eckart & Ken Spargo
& Jamie Aronson	Anne Ehlert
	Tom Estabrook
Heather Caldwell	& Sibylle Bosslet
Anna Callahan	
Carolyn Carlson	Jess Fallon
Joel & Betsy	& James Brooks
Carlton-Gysan	Jeanne Feeley
Stevie Carmody	Lois & Dick Fine
Katherine & Jonathan	Marta Flanagan
Cass	Katherine & James
John & Carol Chamberlain	Fleming
Monique Chaplin	Marc Fredette
& Mary McCartney	Lyn Fulton-John
	Stanley Pollack
Josh & Lisa Davis	& Mary Fusoni
Jennifer Davis-Kay	
Russell Smith	Sara & John Galantowicz
& Val DePalma	Bill & Peggy Gardiner
Cathie & David Desjardins	Kiki Giatis
Debora Diggins	Loren Gomez
Joanna Pushee	



Peter Heller  
Chris Henriksen  
& Carol Lewis  
Marlene & India Hobel  
John & Carolyn Hodges  
Ruben Hopwood  
& Melanie Cohn-Hopwood

Andrea & Bruce Jeffrey

Sue Costello & Jeff Keffer  
Joanne Cullinane  
& Russell Keim  
Anthony Fernandez  
& Christa Kelleher  
Joanne Klys  
Jennifer & Andrew  
Kobayashi  
Arleen Kulin

Anne Goodwin  
& David Langford  
Kate Lenox  
Andrew & Sharen Leonard  
Scott Lever & Jill Fekete  
Lynne Levine  
Rachel Lewellen  
Philip & Debby Lewis  
Bill & Erica Licea-Kane  
Alan & Pam Linov  
Bodi Luse & James Leslie

Allison Mahoney  
Susan Marsh  
& Scott Jones  
Helene Martel  
Lissa & Mac McBurney  
David McDonald  
& Marie Meteer

Bob McKersie  
Katherine & Sharie  
McNeill  
Brian Miller & Bev Morse  
Peter Miller  
Tish Miller & Jack Matson  
Cheri & Avalon Minton  
Steph Miserlis  
Susan Moore

Jean Nagle  
Sanjay & Lauren Newton

Larry Osgood  
& Suzanne Reasenber

Gail Page & Bob Rowlands  
Wendy Page  
Stephen Pillemer  
& Helen Rasmussen  
Joanne Pohl  
Mara Prentiss

Anne Quaadgras  
& David Dreyfus

Emily Randall  
Erica Richmond  
Michael Rie  
Roberta Rinearson  
& Bob Fowkes  
Megan Rising  
& Erica LeBow  
Jeff Roberts  
Lynn Rosenbaum  
Andee Rubin  
Greg Ruccio

Caryn Sandrew  
& Alan Schweitzer  
Annette Sawyer  
Robin Schoenthaler  
Tina & Neil Schultz  
Kenneth & Carol Seitz  
Sue Sheffler  
Tina & Jerry Silberman  
Jitendra Singh  
Sid Slobodkin  
Randy Smith  
& Lori Kenschaft  
Tom & Rosemarie  
Smurzynski  
Amy & Phil Speare  
Rachael Stark  
Cindy Stinson  
John Stutz & Zoe Stewart

Diane Taraz  
& John Shriver  
Barbara & Al Tosti  
Kate Tranquada  
Sarah Trilling  
& Lou Fiscarelli  
  
Maryglenn Vincens  
Jane Voytek  
  
Celia Wcislo  
Carolyn White  
Meera Dash  
& Paul Williams  
Lenore & Howard Winkler  
Andrea & Richard  
Winslow  
Carol Wintle  
  
Jim Ptacek  
& Bonnie Zimmer

*Nearly two-thirds of our annual budget  
comes from pledges.  
To make your pledge for next year  
(July 1, 2025 – June 30, 2026),  
go to [www.firstparish.info/give](http://www.firstparish.info/give) by March 31.*

*Our sincere apologies for any omissions or errors.  
If you pledged before Friday morning but are not on the list,  
have any changes or would like to remain anonymous,  
please contact the Stewardship Committee at  
[stewardship@firstparish.info](mailto:stewardship@firstparish.info).*

## **You Sing My Hymn, I Sing Yours**

Welcome to worship at First Parish- whatever your story, wherever you are on your journey.

In worship we seek both affirmation and challenge, for these are necessary ingredients for spiritual growth and deepening.

We come with different theological and religious orientations, but we do not seek sameness or some common denominator. We engage in worship with open hearts and minds. Our sung and spoken words reflect a range of religious perspectives.

In worship, some elements will touch us deeply, and some will not. Whatever our personal preferences about the elements in any worship service, we say, *You sing my hymn, I sing yours*. In worship we give and receive.

The First Parish Worship Associates  
November 2015

## **First Parish Unitarian Universalist of Arlington**

**www.firstparish.info**

First Parish is a liberal religious community working toward another way to be and act in our time. As a Unitarian Universalist congregation ([www.uua.org](http://www.uua.org)), we are not bound to any statement of belief or creed but to an aspiration to act in love. We believe personal experience, conscience and reason are final authorities in religion.

A religious education program for children meets during Sunday worship. Children are given the tools with which to answer their religious questions of the world.

To learn more, visit the information table after worship. You can sign up for the weekly E-Bulletin there or by emailing [churchoffice@firstparish.info](mailto:churchoffice@firstparish.info)

First Parish is self governing and supported by members and friends who contribute their time, talent and treasure. The elected Parish Committee (“ParCom”) is the governing board. ParCom can be reached at [Parishexec@firstparish.info](mailto:Parishexec@firstparish.info).

Anne Quaadgras, Chair	John Anderson, Vice-Chair	
Joanna Pushee, Clerk	Carolyn Hodges, Treasurer	
Jeff Keffer	Steve McMullin	Susan Moore
Allan Tosti	Kate Tranquada	

Staff serve the members, leaders and mission of First Parish.

Rev. Marta Morris Flanagan, *Lead Minister*

Rev. Erica Federspiel Richmond, *Parish Minister (on leave)*

Rev. Tricia Brennan, *Adjunct Minister*

Rev. Stevie Carmody, *Minister of Religious Education*

Daniel Parsley, *Music Director*

Kenneth Seitz, *Director of Music, Emeritus*

Rose Sawyer Marsh, *Youth Program Coordinator*

Bella Jaffe, *Religious Education Assistant*

Ebiere Omoregie, *Office Manager*

Allison Sillers, *Office & Communications Associate*

Jaqueline De Jesus, *Sexton*

Rev. Wendy Page, *Affiliate Minister*

A Unitarian Universalist Welcoming Congregation, First Parish warmly and intentionally welcomes gay, lesbian, bisexual, queer and transgender people.