



Sunday Worship

First Parish

A liberal religious community, welcoming to all

First gathered 1739

March 23, 2025

Worship in the Meetinghouse Sanctuary and Online

“Should I Not Have Compassion?”

Last line of the Book of Jonah

The sun rose at 6:43am and will set at 7:00pm *in sh'allah*
bringing us 12 hours, 17 minutes of sunlight,
21 minutes more than last Sunday.

The moon is waning toward a new moon on Saturday.

For Muslims today is the twenty-third day of Ramadan
For Western Christians today is the third Sunday of Lent.

Hymn 121

We'll Build a Land

We sing this hymn not in a spirit of triumphalism or settler colonialism, but aligning ourselves with the ancient hope of another way of love and justice in our world and our time. Many of the images of this hymn are taken from the Prophet Isaiah in the Hebrew Bible (Chapter 61).

Time for All Ages

The Story of Jonah
presented by the

Grade 4/5 Religious Education class

As children leave for religious education we sing:

Go now in peace, go now in peace.
May the spirit of love surround you
everywhere, everywhere you may go.

Vayan en paz, vayan en paz
Pueda el amor rodear los siempre
por doquier, por doquier que vayan.

Go Now in Peace -- Vayan en paz

Trans. Rev. Lilia Cuervo

Natalie Sleeth



Go now in peace, Gonow in peace. May_ the_ spi - rit of
Va - yan en paz, va-yan en paz, Pue - da el a - mor_ ro-de -



love sur - round you ev-'ry where, ev-'ry-where, you may go.
ar_ los si - em - pre por do-quier, por do-quier, que va - yan.

Musical Interlude

Caledonia
Dougie MacLean
Crabapple Jam
Graham Boswell, cello
James Fleming, guitar and vocals
Katherine Fleming, violin
Olvia Kotsopoulos, violin and vocals
David Whitford, violin

*Crabapple Jam is a First Parish band
that came together beneath the crabapple trees
in the courtyard during summer potlucks*

Celebrations and Concerns

Julie Garry
Lay Minister

If moved to do so, you may place a stone
for a joy or sorrow you are holding in your heart.
If you write a joy or sorrow on the card available
at the back of the sanctuary,
the ordained and lay ministers will hold it
in their thoughts and prayers.
If you wish to speak of your joy or sorrow,
please line up after placing your stone.
When you are motioned forward,
speak into the microphone and tell us your name.
Speak briefly and from your own experience.

Interlude for the Placing of Stones

Melanie's Waltz
Gordon McLeod
Crabapple Jam

Prayer and Silent Meditation

Rev. Tricia Brennan
Adjunct Minister

Musical Response

Amen, Blessed Be
Kenneth Seitz, piano

Words: *Amen, Blessed Be. Shalom, Salaam.*
Sung twice by the congregation

Amen, Blessed Be, Shalom, Salaam

Kenneth H. Seitz

A-men, Bles-sed Be, Sha - lom, Sa - laam...

A-men, Bles-sed Be, Sha - lom, Sa - laam.

Offering

Maison de Glace (Réjean Brunet)
Out on the Ocean (Traditional)
Crabapple Jam

*This Sunday half of the offering supports
Resilient Sisterhood Project.*

*The Cambridge-based RSP educates and empowers
women of African descent regarding common, yet
rarely discussed, diseases of the reproductive system
that disproportionately affect them.*

*RSP’s understanding of the word “women” includes
transgender women, cisgender women,
gender queer, and gender non-conforming people
who have a female reproductive system.*

*The remaining half of your offering supports the
life and work of this Parish.*

*To donate using your smartphone, you may text
“fpuu offering” to 73256. Then follow the directions in
the texts you receive.*

Reading

Song 35

Answering the Call

Sermon

Rev. Marta Morris Flanagan

Hymn 131

Love Will Guide Us

Benediction

***May faith in the Spirit of Life,
Hope for the community of Earth,
and Love of the sacred in one another
Be ours now and in all the days to come.***

*Saying these words responsively is a custom at
First Parish. You are invited to take the hand of
one beside you or place your hand on their shoulder.*

Postlude

*Return From Helsinki (Ian Stephenson)
Da Lounge Bar (Annlaug Børsheim)
Crabapple Jam*

*Our postlude is the concluding passage of our
common worship.
All are asked to remain seated during the postlude.*

*After worship those in the sanctuary are invited to move
into the vestry for light refreshments and conversation.*

*If it is 11:30 parents are asked to quietly leave to pick up
their children from the religious education program.*

You Sing My Hymn, I Sing Yours

Welcome to worship at First Parish- whatever your story, wherever you are on your journey.

In worship we seek both affirmation and challenge, for these are necessary ingredients for spiritual growth and deepening.

We come with different theological and religious orientations, but we do not seek sameness or some common denominator. We engage in worship with open hearts and minds. Our sung and spoken words reflect a range of religious perspectives.

In worship, some elements will touch us deeply, and some will not. Whatever our personal preferences about the elements in any worship service, we say, *You sing my hymn, I sing yours*. In worship we give and receive.

The First Parish Worship Associates
November 2015

Honor Roll of those Supporting First Parish

First Parish is in the midst of our annual pledge drive. A pledge is an amount each household commits to contribute to First Parish over the coming fiscal year.

We express gratitude and appreciation to the 202 households who have pledged their financial support to First Parish as of Friday morning.

Anonymous
Mette Aamodt
& Andrew Plumb
Ann Abbott
Katrina Adams
The Alliance
Alexander & Jenise
Aminoff
John & Amy Anderson
Dorothy Anger
Jo Anne Preston
& John Burt
Amy Armstrong
Tali Avery & Mike Bright

Robin & Steve Baker
Pamela Baldwin
Emily & Matt Balkam
Jennifer & Tom Baxter
Jim Benn & Jane Becker
Steve & Melissa Berczuk
Liz Bradley
Eric & Emily Breck
Margaret Bredin
Mary Breen
& Jamie Aronson
Linda Brown

Heather Caldwell
Anna Callahan
Carolyn Carlson
Joel & Betsy Carlton-Gysan
Stevie Carmody
Katherine & Jonathan Cass
John & Carol Chamberlain
Monique Chaplin
& Mary McCartney
Ellen Cohen
Christian Collins
Lauren Cosgrove
& Tom McGraw
Sue Costello & Jeff Keffer
Danyelle Cottrell
Patty Crotty
& David Klingsberg
Joanne Cullinane
& Russell Keim
Mary & Will Cummings

Janice Darling
Meera Dash
& Paul Williams
Josh & Lisa Davis
Jennifer Davis-Kay
Cathie & David Desjardins
Debora Diggins
Marilyn Downs

Cheryl & Rainer Dressler
Julia Dudley-Kramer
Charlie Duffy
Julie Dunn
Judy Dyer

Richard Eastwick
Lou Eckart & Ken Spargo
Anne Ehlert
Tom Estabrook
& Sibylle Bosslet

Jess Fallon
& James Brooks
Ellen Faran
Amy Fardella

& Cliff Hakim
Jessica Farman
& Brian Dooley
Jeanne Feeley
Anthony Fernandez
& Christa Kelleher

Lois & Dick Fine
Gayle Flaherty
Marta Flanagan
Janis Fleishman
& Valerie Rhoades
James & Katherine
Fleming
Marc Fredette
Lyn Fulton-John

Sara & John Galantowicz
Bill & Peggy Gardiner
P.J. Gardner
Kiki Giatis
Loren Gomez
Anne Goodwin
& David Langford

Amy Hadley
Peter Heller
Chris Henriksen
& Carol Lewis
Annie Hewitt
Marlene & India Hobel
John & Carolyn Hodges
Anne Homza
Ruben Hopwood &
Melanie Cohn-Hopwood
Peter Howell
Elizabeth Hunter
& Jason Merrill
Jonathan Hyde
& Betsy Allen

Marilyn Jackson
Sharon & Marc Jacobson
Andrea & Bruce Jeffrey
Jim Jolley & Julie Jalelian
Lida Junghans

Julia Kenerson & Eric
Jerman
Michaela Kirby & Ricky
Carter
Aaron Kitzmiller & Sarah
Short
John & Ellen Kloss
Joanne Klys
Jennifer & Andrew
Kobayashi
Ed Koenig
Olivia Kotsopoulos &
Graham Boswell
Steve Kropper
Arleen Kulin

Kate Lenox
Andrew & Sharen Leonard
Betsy Leondar-Wright
James Leslie & Bodi Luse
Scott Lever & Jill Fekete
Lynne Levine
Rachel Lewellen
Philip & Debby Lewis
Bill & Erica Licea-Kane
Alan & Pam Linov

Allison Mahoney
Susan Marsh & Scott
Jones
Helene Martel
Lissa & Mac McBurney
Bob McKersie
Steve McMullin
Katherine & Sharie
McNeill
Marie Meter & David
McDonald
Tish Miller & Jack Matson
Brian Miller & Bev Morse
Peter Miller
Cheri & Avalon Minton
Steph Miserlis
Susan Moore
Jean Nagle
Nick Nagykery & Amy
Prussack
Sanjay & Lauren Newton
Monique Noelle
Francis O'Donovan &
Cathy Slesnick
Larry Osgood & Suzanne
Reasenberg

Wendy Page
Gail Page & Bob Rowlands
Nicole & Daniel Patience
Julius & Martha Pereli
Stephen Pillemer
& Helen Rasmussen
Joanne Pohl
Stanley Pollack
& Mary Fusoni
Sheherazade & David Potere
Lillian Povey
Mara Prentiss
Jim Ptacek
& Bonnie Zimmer
Joanna Pushee
& Leon Dixon

Anne Quaadgras
& David Dreyfus

Emily Randall
Eric Reuss & Anne Cross
Erica Richmond
Michael Rie
Lindsey Rieder
Roberta Rinearson
& Bob Fowkes
Megan Rising
& Erica LeBow
Luchy Roa & Tim Keefe
Jeff Roberts
Ellen Robertson
Ellen & Fred Robie
Lynn Rosenbaum
Jean Rosenberg
& Peter Southwick
Tara Rosenberger Shankar
Andee Rubin
Greg Ruccio

Caryn Sandrew
& Alan Schweitzer
Annette Sawyer
Dianne Schaefer
Robin Schoenthaler
Tina & Neil Schultz
Eric Segal & Anne Wright
Kenneth & Carol Seitz
Megan Shand
Sue Sheffler
Diane & John Shriver
Bill & Pennie Sibley
Tina & Jerry Silberman
Jitendra Singh
Stacey & Paul Sloboda
Sid Slobodkin
Randy Smith
& Lori Kenschaft
Russell Smith
& Val DePalma
Tom & Rosemarie
Smurzynski
Kay Snowden
& James Lisieski
Amy & Phil Speare
Rachael Stark
Mary & Caroline Steuart
Carolyn Stevens

Cindy Stinson
John Stutz & Zoe Stewart
Heidi Swarts

Dawn Terkla
Dick & Patience Terry
Barbara & Al Tosti
Kate Tranquada
Sarah Trilling
& Lou Fiscarelli
Natalie Tyler

Bob Varnum & Rae Allain
Susan Vickers
Maryglenn Vincens
Jane Voytek

Brianna & Michael Walsh
Celia Weislo
Carolyn White
David & Sara Whitford
Joann & Allan Winkler
Lenore & Howard Winkler
Andrea & Richard
Winslow
Carol Wintle

Judy Young

*Nearly two-thirds of our annual budget
comes from pledges.
To make your pledge for next year
(July 1, 2025 – June 30, 2026),
go to www.firstparish.info/give by March 31.*

*Our sincere apologies for any omissions or errors.
If your pledge is not on the list, you have any changes,
or you would like to remain anonymous,
please email stewardship@firstparish.info.*

First Parish Unitarian Universalist of Arlington

www.firstparish.info

First Parish is a liberal religious community working toward another way to be and act in our time. As a Unitarian Universalist congregation (www.uua.org), we are not bound to any statement of belief or creed but to an aspiration to act in love. We believe personal experience, conscience and reason are final authorities in religion.

A religious education program for children meets during Sunday worship. Children are given the tools with which to answer their religious questions of the world.

To learn more, visit the information table after worship. You can sign up for the weekly E-Bulletin there or by emailing churchoffice@firstparish.info

First Parish is self governing and supported by members and friends who contribute their time, talent and treasure. The elected Parish Committee (“ParCom”) is the governing board. ParCom can be reached at Parishexec@firstparish.info.

Anne Quaadgras, Chair	John Anderson, Vice-Chair	
Joanna Pushee, Clerk	Carolyn Hodges, Treasurer	
Jeff Keffer	Steve McMullin	Susan Moore
Allan Tosti	Kate Tranquada	

Staff serve the members, leaders and mission of First Parish.

Rev. Marta Morris Flanagan, *Lead Minister*

Rev. Erica Federspiel Richmond, *Parish Minister (on leave)*

Rev. Tricia Brennan, *Adjunct Minister*

Rev. Stevie Carmody, *Minister of Religious Education*

Daniel Parsley, *Music Director*

Kenneth Seitz, *Director of Music, Emeritus*

Rose Sawyer Marsh, *Youth Program Coordinator*

Bella Jaffe, *Religious Education Assistant*

Ebiere Omoregie, *Office Manager*

Allison Sillers, *Office & Communications Associate*

Jaqueline De Jesus, *Sexton*

Rev. Wendy Page, *Affiliate Minister*

A Unitarian Universalist Welcoming Congregation, First Parish warmly and intentionally welcomes gay, lesbian, bisexual, queer and transgender people.