

The Sunday Teaser

First Parish Unitarian Universalist in Arlington

April 20, 2025

dedicated to encouraging you to look at our full array of activities



10:00am	Worship
11:30am	Coffee Hour
1:00pm	ROAD CLOSURES (Reenactment)
7:00pm	Men's Group (Zoom)

Learn more online:

www.firstparish.info/events

Scan this
code with
your phone
camera



Religious Education this morning:

- All-Together Religious Education for Grades K-6 – Easter egg hunts! Pre-K and nursery meet as usual.
- Children will return early to the Sanctuary to participate in the communion ritual with their families.

Tonight:

- No evening programs – Happy Easter!

Upcoming Events at First Parish

TODAY! Town of Arlington Reenactment of the Battle of Menotomy

Sunday, April 20, 2:00pm. Massachusetts Ave closing at 1pm today! The Town of Arlington has a Revolutionary War reenactment scheduled for today. Starting at 1pm, Massachusetts Avenue and surrounding side streets will be closed to all traffic. Partial road closures could impact your ability to leave First Parish starting at 12:00pm - please plan accordingly.

Conversations On Grieving in Community

Tuesday, April 22nd, 7:00pm, Parlor. Many of us are grieving a range of losses: passing of family or friends, transitions in our community, shifts in our country. Our views about grieving have a profound impact on how we navigate these losses in our lives. Join this conversation moderated by Michele Bograd, certified end-of-life doula. Register online for the waitlist.



Featured Group: Aging Well

Thursday, April 24, 11:00 AM, Zoom. Join our vibrant community of women over 50 as we explore the joys and challenges of aging together. Through discussions of a variety of topics we foster meaningful connections and learning from one another. This month, our topic will be Meaningful Songs/Music in our Lives. We hope to see you Thursday on Zoom!

Walking Tour of UU History in Boston

Saturday, April 26th, 11:00am, Boston. Unitarians and Universalists were central to many of the most important events in Boston's history. You can learn about them in a 2-mile walking tour of Boston led by Eric Segal. Meet at 11am in front of the Old West Church, 131 Cambridge St in Boston. RSVP ahead of time to segal.eric@gmail.com.

Open Sessions to Review Annual Meeting Warrant Articles

Wednesday May 7 at 7:30pm (Zoom), Sunday May 11, after worship (Sanctuary), Monday May 12, 7:30pm (Zoom). Open sessions will be held to review the 2025-2026 proposed budget as well as the Parish Committee recommendation for conferring Minister Emerita status on Marta Flanagan upon her retirement in June. Hosted by Parish and Finance Committees. Questions? Email Treasurer@FirstParish.info or parishexec@firstparish.info.

Calling all First Parish instrumentalists!

Join us Sunday, May 18 for an intergenerational orchestral experience in tribute to Rev. Marta's final sermon. May 8 and 15 rehearsals, 7:15–8:15 PM. For more information, email musicdirector@firstparish.info.

This Week

Mon	PATRIOTS' DAY – FP OFFICE CLOSED Spirit Talk 4:00pm (Zoom) In-person Meditation 6:00pm (Parlor) Transition to Retirement 7:00pm (Vestry)
Tue	Lectio Divina 7:00am (Zoom) Conversations on Grief and Grieving 7:00pm (Parlor)
Wed	Lectio Divina 9:00am (Zoom)
Thu	Lectio Divina 8:00am (Zoom) Aging Well 11:00am (Zoom) First Parish Choir 7:00pm (Sanctuary) First Parish Bell Choir 8:00pm (Sanctuary)
Sat	Walking Tour of UU History in Boston 11:00am (meet at Old West Church, Boston)

Annual Meeting Save the Date!

*Sunday, May 18th, 12 – 2pm
Sanctuary and Zoom*

All members are
encouraged to attend.

Committee Summaries are due soon!

Note that all Committee Summaries for the Annual Report are due by Friday, May 2nd. All reports should be submitted to Ebier, the FP Office Manager: ebiere.omoregie@firstparish.info.

Treasurer's Reminder

The current fiscal year ends on June 30, 2025. Committees must ensure all expense submissions are completed by June 30 - funds will not be carried over into the new fiscal year

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Weekly & Monthly Events at First Parish

These events are open to everyone. Please reach out by email as indicated below or visit the First Parish website to learn more.

Lectio Divina

Meets Tues. 7am-8am, Weds. 9am-10am, Thurs. 8am-9pm.

Lectio Divina is a method of reading and listening, lingering with, and sharing personal responses to selected biblical texts.

Email lectio@firstparish.info for more information.

Meditation at First Parish

Meets Sun. 9am-9:30am, Mon. 6pm-6:50pm.

Looking for support for your meditation? Beginners and experienced meditators welcome. No ongoing commitment required. To receive information and Zoom Link, please email meditation@firstparish.info.

Spirit Talk

Meets every Monday via Zoom at 4pm.

Weekly Spirit Talk discussions provide an opportunity for a small group to reflect together on a spiritual theme inspired by a different quote each week. Email spirittalk@firstparish.info for the Zoom link.

Wednesday Chapel

Meets every Wednesday via Zoom at 9pm.

This is a 25-minute gathering of sharing, silence, poetry, and song. You can come to one or all of them. No need to sign up- just show up. See the FP website for the Zoom link, firstparish.info/events.

Men's Group

Meets every other Sunday, 7:00 pm, Zoom.

Men of all ages and backgrounds connect with and support each other on our spiritual journeys. Email mensgroup@firstparish.info for information.

Older Men Lunch Meeting

Meets every other Thursday, 12 noon, via Zoom.

First Parish's Older Men's group continues to meet, using Zoom. Email oldermen@firstparish.info for more information.

Community Potluck

Monthly, last Wednesday, 6:00pm, Vestry.

A community potluck dinner sponsored by the STAR committee, will be held indoors, in the Vestry, on the last Wednesday of the month.

Email star@firstparish.info.

Grief Support Group

Monthly, fourth Tuesday, 7:30pm, Zoom.

Monthly Lay Ministry led support for individuals who have lost loved ones. Zoom link available on firstparish.info/events.

Women Aging Well

Monthly, fourth Thursday, 11:00 am.

Join our vibrant community of women over 50 as we explore the joys and challenges of aging together. Email: agingwell@firstparish.info.

Women's Alliance: The Alliance is the women's organization in our church, with a mission to support the women in our congregation, and through that support to advance the interests and efforts of our entire church. We meet about once a month, generally on Fridays.

Women's Book Group

Monthly, ex. summer, first Thursday, 7:00 pm, Zoom.

Email womensbookgroup@firstparish.info with questions or for Zoom link. The May 2025 book is *1776* by David McCullough.

Racial and Social Justice Groups

Racial Justice Coordinating Committee

RJCC continues to help First Parish more fully live up to our mission of being welcoming to all and challenging the excesses and injustices of our time. Our working group, Reckoning & Repair, is dedicated to educating ourselves about First Parish's entanglement with slavery in the 18th century and facilitating discussions about what we plan to do about this ugly past. Email: rjcc@firstparish.info

Indigenous Justice Working Group

The mission of the Indigenous Justice Working Group (IJWG) is to explore First Parish's relationship to the grave injustices experienced by the Indigenous people of Massachusetts, from being displaced from their homes centuries ago to the vast health and social inequities today. Email: ijwg@firstparish.info

Diversity Book Club (alternate months)

All are welcome, please join us, generally on the third Tuesday every other month on Zoom. The April book selection is *Kindred* by Octavia Butler. Email: diversitybookclub@firstparish.info, for Zoom link.

Defending Democracy Working Group

Our mission is to address issues of living in a democracy consistent with UU values and principles. We are action and education oriented. We are non-partisan and advocate for policies that strengthen democracy and oppose those that threaten it. We are called to living our faith through action. Email: DefendingDemocracy@firstparish.info