

## ~Worship This Sunday~



Rev. Stevie Carmody, Minister of Religious Education

**“Grilled Cheese, Sundaes, and Being Yourself”**

Sunday, September 17, 2023, at 10am

What if congregations felt more like Friendly’s? Taking inspiration from family restaurants, explore with Rev. Stevie Carmody—our new Minister of Religious Education—how we build a multigenerational community where everyone has the space and support to learn and grow.

Join us in the sanctuary or join us [online!](#) View the Order of Service [Here](#)

### Religious Education

**Religious Education Assistant**  
First Parish Unitarian Universalist is seeking a new religious education assistant, to support our vibrant program for children and youth! Applications will be reviewed and interviews will be scheduled in mid-to-late September. We hope that our new religious education assistant will start on October 1st.

Click to [see full description](#)

### Calendar

Sep 16: [Tashlich for Rosh Hashanah](#)  
Sep 17: [Zoom Meditation](#)  
Sep 17: [Sunday Worship](#)  
Sep 17: [Art Show Reception](#)  
Sep 18: [Spirit Talk](#)  
Sep 18: [In-Person Meditation](#)  
Sep 19: [Lectio Divina](#)  
Sep 19: [Zoom Meditation](#)  
Sep 19: [Diversity Book Club](#)  
Sep 20: [Lectio Divina](#)  
Sep 21: [Lectio Divina](#)  
Sep 21: [Older Men's Lunch Group](#)  
Sep 21: [Rest as Resistance](#)

### September Giving First Recipient: UU Mass Action

For the month of September, half of the offering supports the work of [UU Mass Action](#). The mission of UU Mass Action is to organize and mobilize UUs in Massachusetts to confront oppression. Founded in 2006, UU Mass Action leaders build relationships with and center the leadership of those most affected by different forms of oppression and injustice living in our state.

### Spotlight

[Rest as Resistance](#) *Thursdays, Sept. 21, 28 & Oct, 5 7pm - 8:30pm (Parlor)* Join Rev. Erica Richmond for a three-part series on Tricia Hersery’s book, *Rest is Resistance*. In a world that teaches us to “go, go, go,” it can be challenging to slow down and cultivate intention. This in-person workshop will involve individual and group reflection, mediation, and discussion. Please sign up in advance via [this Realm link](#):

~~Click here to read or download a pdf of the 2023-2024 "Workings" booklet guide to First Parish~~

### First Parish Events are open to all. Click the links to learn more.

- [Tashlich for Rosh Hashanah](#) (Saturday, September 16, 12:00 noon; First Parish Mass Ave entrance) First Parish's Jewish Connections group warmly invites you to the ritual of Tashlich for Rosh Hashanah. We will meet in a COVID safe way on Saturday, September 16th at noon at the main door of First Parish at 630 Mass Ave. in Arlington. Please wear a mask and bring your own breadcrumbs. [Learn more.](#)
- [Ferry Beach Retreat](#) Registration [via Realm](#) ends this Sunday, September 17 at midnight! Sign up now!
- [Congregational Art Show Opening: Wendy Page quilts](#) (this Sunday, September 17, after worship, in the Parlor) Wendy Page will be sharing her quilts as our first art show of the year. Wendy is a long time member of First Parish, and a graduate of the Museum of Fine Arts School.

#### Town Day Activities at First Parish - Saturday, September 23

- [Man-Made Chili](#) Each year, First Parish comes together as a community to make and serve chili on Town Day to raise money for First Parish and the myriad activities our community undertakes throughout the year. We are looking for volunteers for Friday evening, Sept 22, to help make the chili and on Saturday, Sept 23, to help serve the chili. Volunteer using [this Google form](#). Have other questions? Email [manmadechili@firstparish.info](mailto:manmadechili@firstparish.info).
- [Pie Palace on Sept. 23rd at Arlington Town Day](#) We will be serving slices of delicious homemade pie to happy customers on Town Day. We need help from bakers and volunteers who enjoy working the booth as pie servers or cashiers. You will get to socialize with fellow congregants while helping to raise funds for social justice. [Click on this](#)

[Google form](#) to sign up to donate pie, and/or volunteer. Questions? Email [piepalace@firstparish.info](mailto:piepalace@firstparish.info)

- **A community potluck dinner** sponsored by the STAR committee, will be held in the Vestry on the last Wednesday of the next three months, (9/27, 10/25, 11/29) from 6-8pm. We will need a different group or committee to host each dinner. If you are part of a group of at least 5 people, please consider signing up for a date to host! For questions and more details, contact Lynn Rosenbaum at [STAR@firstparish.info](mailto:STAR@firstparish.info)
- **Book read: All That She Carried** (October 3 and October 17, 7:00pm, Zoom) This is a two-session event, The first four chapters will be discussed on October 3 and the remaining chapters on October 17. A few prompt questions will be sent prior to the first session. Please register via Realm [using this link](#).
- **Blood Drive** (Saturday, October 7, 8:00am – 2:00pm, Sanctuary) Donors needed and volunteers welcome! Please use the American Red Cross Blood Donor app, go online to [redcrossblood.org](http://redcrossblood.org), or call 800-RED-CROSS to schedule an appointment convenient for you!
- **Clean-It / Fix-It Day** (Saturday, October 7, 9:00am – 12:00pm. First Parish.) The entire First Parish community is invited to help out on the fall Clean-it / Fix-it day. Past days have included gardening, painting, cleaning and just general sprucing up around First Parish.
- **Workshop: Landscape of White Supremacy** (October 11, 7pm Zoom; and October 22, 4pm, Sanctuary) **Session I:** October 11, 7pm on Zoom; please [register via Realm](#) **Session II:** October 22, 4pm, in the First Parish Sanctuary; no registration needed for Session II. Each session is two hours long. While we encourage people to attend BOTH sessions, you can attend only one.
- **Harvest Moon Fair Artisan Table:** The Artisan Table is looking for a wide range of newly produced artisan items for the Harvest Moon Fair. If you would like to make a contribution, it would be helpful to know well in advance of fair time. Contacts: Erica Licea-Kane at: [erica.licea.kane@verizon.net](mailto:erica.licea.kane@verizon.net) or Maureen Dolan at: [maureendolan@verizon.net](mailto:maureendolan@verizon.net).
- **Survey about summer services.** This summer First Parish experimented with having online-only worship in combination with weekly potlucks. As we consider plans for next summer, we'd like your input. Please fill out [this five-question survey](#) to let us know how you participated this year and how you would prefer to have summer worship offered in 2024.

## Recurring and Ongoing Programs

### Weekly or Bi-weekly

- **Lectio Divina:** (Meets Tuesdays, Wednesdays and Thursdays on Zoom.) Lectio Divina is a method of reading and listening, lingering with, and sharing personal responses to selected biblical texts. Diverse responses to the text provide new insights and help us grow in our spiritual lives and set intentions for our daily lives.
- **Meditation Groups** Meets Sunday, 9am (Zoom); Monday, 6pm (in person); Tuesday, 6pm (Zoom). Beginners and experienced meditators are welcome. Please feel free to drop in whenever you like. For more information, or to be added to the list to receive each Zoom session's unique link, please email [meditation@firstparish.info](mailto:meditation@firstparish.info)
- **Men's Group** - Men of all ages and backgrounds are welcome to meet with First Parish's Men's Group! We meet online every other Sunday at 7pm to connect and support each other on our spiritual journeys.
- **Older Men's Lunch Group** continues to meet, on Zoom. Email [mensgroup@firstparish.info](mailto:mensgroup@firstparish.info) for more information. The sessions will be held at noon every other Thursday.
- **Spirit Talks** Weekly discussions provide an opportunity for a small group to reflect together on a spiritual theme every Monday at 4pm. Email [spirittalk@firstparish.info](mailto:spirittalk@firstparish.info) to be added to the mailing list for Spirit Talk or just check us out by joining a discussion.

### Monthly

- **The Diversity Book Club** generally meets on the third Tuesday of each month. All are welcome, please join us! Register by email [diversitybookclub@firstparish.info](mailto:diversitybookclub@firstparish.info)
- **Grief Support Group** Lay Ministry led support for individuals who have lost loved ones. The group generally meets on the fourth Tuesday of each month, on Zoom.
- **Maple Street Singers** On the 2nd Tuesday of each month, join a group of people who love to sing! Songs are often thematic, featuring songs from many genres. Contact [groupsing@firstparish.info](mailto:groupsing@firstparish.info) for information.
- **Women Aging Well: Changing Life Purpose** - Aging Well meets once a month, usually on the fourth Thursday of the month. Our purpose is to foster engagement and build community among women over fifty who wish to explore themes related to planning and consciously living out our later years.
- **Women's Book Group** The women's book group meets every first Thursday at 7pm, not including Summer months, so our next meeting is October 5. [Email](#) with questions or for the Zoom link to attend virtually.

The First Parish publishes events and news from our community. Click this banner to submit your news or event.

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